

# Correspondent

## Center for Excellence in Teaching and Learning

### Lisa's Notes

As with instructors and departments fall 2019 has been a busy time in CETL. We hosted two 5 C's and R luncheons (more about that later in this newsletter) as well as assisted many instructors on both the Weatherford and Sayre campuses. We are also working on the implementation of "Zoom rooms" for spring 2020.

### Canvas Updates – Now is the time to Cross List!

With the opening of spring 2020 Canvas courses, now is the time for instructors to request to cross list courses. Look for the "Request to Cross List" form found in Faculty Commons. CETL urges faculty to complete these forms prior to leaving for Winter Break in December.

### Canvas Updates – Course Naming Convention

CETL and Assessment are asking for faculty to implement revised course naming conventions in Canvas. Part of the change from the PX to the Colleague system, meant that the unique identifiers used for setting up student evaluations in Canvas has changed. With this in mind, Assessment and CETL are asking for the following: If revising the Course Name or Course Code sections of Canvas Settings, please add the unique identifiers at the end of the existing information. For example: 2020SP Data Analysis & Interpretation (ORGL-3333-5582) 1st 8 Weeks Friesen. Following this naming convention will assist with setting up the course evaluations. Please contact Lisa Friesen at [lisa.friesen@swosu.edu](mailto:lisa.friesen@swosu.edu) or 3149 with any questions.

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## Focus on SWOSU Faculty

The Center for Excellence in Teaching and Learning is spotlighting faculty members monthly in a series of articles called "Focus on SWOSU Faculty". These faculty have been selected as doing inspiring active learning activities in their courses and have agreed to share some of their activities with the SWOSU community. One SWOSU faculty member will be spotlighted per month who is using transformative and other exciting active learning methods in their teaching which advances student learning at SWOSU. This month, CETL is spotlighting Dr. Anne Pate, Allied Health.



Dr. Anne Pate joined the Allied Health Science Department at Southwestern Oklahoma State University (SWOSU) in January of 2015. Prior to coming to SWOSU, she worked for over a decade at the Oklahoma State Department of Health as an epidemiologist and manager. While Dr. Pate has lived in Oklahoma since 2004, she is originally from western Michigan. She received her BSc. in Secondary Science Education from Taylor University in Indiana.

After teaching high school science for a couple of years, she went back to school and received her Master's in Public Health in the Epidemiology of Microbial Diseases from Yale University, College of Public Health. While working at the OSDH, Dr. Pate earned her PhD in Environmental Epidemiology from the University of Oklahoma, Health Sciences Center (OUHSC) in 2011.

Dr. Pate is married to Dr. Derek Pate (who is an adjunct for SWOSU and a fellow epidemiologist). They have two dogs, one of which is a 7 month old 70 pound great pyrenees rescue and a caique (type of parrot). Activities she enjoys include reading, cooking, and traveling.

Her interest in teaching has been engrained for a long time. Dr. Pate started on the education path teaching high school science in Indiana after receiving her undergraduate degree, and while pursuing her doctoral degree she also taught a graduate class at OUHSC. While a

large part of her career has not been in a formal educational discipline, she has always enjoyed assisting co-workers with learning new technologies and new approaches. Now that she is in a full time academic role, she finds great fulfillment in watching as students engage in the learning process and walk out of her classes with newfound appreciation and knowledge.

Dr. Pate is always on the lookout for new strategies and techniques to engage her students and incorporate active learning strategies into her classrooms. The lab for Health Statistics is a good example of this, where students work in teams to apply the statistical techniques learned in lecture to publicly available public health surveillance data. Students learn how to display the data graphically and to develop and test hypotheses and present their findings formally through a poster and presentation. She enjoys watching students work through this process as they initially have reservations about their ability to accomplish the project and walk out at the end of the semester with a new found confidence. Those student "aha" moments are truly gratifying and a primary motivation for continuously improving and evolving her classes.

As Dr. Pate continues to expand the new BSc. in Public Health that is now being offered for SWOSU students, she is hoping to incorporate more service learning activities into her courses and collaborate with public health professionals in the field to expose students to "boots on the ground" public health activities.

## Workshops Available for October

### CETL Workshops with Nathan

#### DropBox Training

*Nathan is taking DropBox training to the departments. Please call (3077) or email (Nathan.Thiessen@swosu.edu) and schedule a day and time for Nathan to come and do DropBox training especially how to link dropbox documents/videos/recordings to Canvas.*

#### Basic Zoom Training

*Contact Nathan for one-on-one Basic Zoom training. The training introduces faculty to all of the basic Zoom features. It is structured for the new Zoom user. Please call (3077) or email (nathan.thiessen@swosu.edu) and schedule a day and time for training.*

#### Advanced Zoom Training

*Contact Nathan for one-on-one Advanced Zoom training. The training introduces faculty to advanced Zoom features. It is structured for the experienced Zoom user. Please call (3077) or email (nathan.thiessen@swosu.edu) and schedule a day and time for training.*

#### President's Conference Room System Training

*Contact Nathan for one-on-one training on how to use the new system in the President's Conference Room. Please call (3077) or email (nathan.thiessen@swosu.edu) and schedule a day and time for training.*

## CETL Workshops with Mapopa

### Creating Electronic Portfolios

*This half hour Workshop introduces faculty to creating e-portfolios in Canvas. The Workshop takes a hands on approach to creating an e-portfolio as a place to showcase your work for a course or project.*

Tuesday, November 5th, 2019 ..... 1:50 p.m. to 2:30 p.m.

Join this workshop via ZOOM: <https://zoom.us/j/960339908>

Tuesday, November 12th, 2019 ..... 1:50 p.m. to 2:30 p.m.

Join this workshop via ZOOM: <https://zoom.us/j/960339908>

Tuesday, November 19th, 2019 ..... 1:50 p.m. to 2:30 p.m.

Join this workshop via ZOOM: <https://zoom.us/j/960339908>

Tuesday, November 26th, 2019 ..... 1:50 p.m. to 2:30 p.m.

Join this workshop via ZOOM: <https://zoom.us/j/960339908>

### Using Canvas Studio

*This workshop introduces faculty to Canvas Studio. Formerly called Arc, Canvas Studio allows you to manage all your media at any time. Accessible from your left navigation bar, Canvas studio enables you to upload video and audio files into one place in Canvas. You can view, share, and comment on any uploaded video or audio file.*

Wednesday, November 6th, 2019 ..... 1:50 p.m. to 2:30 p.m.

Join this workshop via ZOOM: <https://zoom.us/j/960339908>

### Using Canvas Studio (Continued)

Wednesday, November 13th, 2019 ..... 1:50 p.m. to 2:30 p.m.

Join this workshop via ZOOM: <https://zoom.us/j/960339908>

Wednesday, November 20th, 2019 ..... 1:50 p.m. to 2:30 p.m.

Join this workshop via ZOOM: <https://zoom.us/j/960339908>

### How to End a Semester in Canvas

*This hands-on Workshop walks faculty through ending a course in Canvas at the end of a semester. The workshop covers steps such as export a copy of a course, exporting a copy of the gradebook, downloading student submissions, locking files and folders, removing unwanted courses from the drop-down menu, archiving conversations in the inbox and others.*

Thursday, November 7th, 2019 ..... 1:50 p.m. to 2:30 p.m.

Join this workshops via ZOOM: <https://zoom.us/j/960339908>

Thursday, November 14th, 2019 ..... 1:50 p.m. to 2:30 p.m.

Join this workshops via ZOOM: <https://zoom.us/j/960339908>

Thursday, November 21st, 2019 ..... 1:50 p.m. to 2:30 p.m.

Join this workshops via ZOOM: <https://zoom.us/j/960339908>

Register with Ashley X3149 OR: [ashley.walkup@swosu.edu](mailto:ashley.walkup@swosu.edu)

## CETL Workshops with Steve

### Clearing the Cache and Updating FireFox and Chrome Browsers

*In this short 15 minute workshop, you will learn how to clear the cache and update your FF and Chrome Browsers.*

Tuesday, Nov. 5, 2019 ..... 2:00 p.m. to 2:30 p.m.

Join this workshop via ZOOM: <https://zoom.us/j/9123629032>

Tuesday, Nov. 12, 2019 ..... 2:00 p.m. to 2:30 p.m.

Join this workshop via ZOOM: <https://zoom.us/j/9123629032>

### How to Use the Accessibility Checker in Canvas

*This workshop will help familiarize you with the Accessibility Checker in Canvas.*

Thursday, Nov. 21, 2019 ..... 2:00 p.m. to 2:30 p.m.

Join this workshop via ZOOM: <https://zoom.us/j/9123629032>

### Quality Matters Standard 2.1: Writing SMART learning objectives and Outcomes

*In this workshop I will show you how to create measureable learning objectives that comply with QM Standards 2.1-2.5.*

Thursday, Nov. 14, 2019 ..... 2:00 p.m. to 2:30 p.m.

Join this workshop via ZOOM: <https://zoom.us/j/9123629032>

Tuesday, Nov. 19, 2019 ..... 11:00 a.m. to 11:30 a.m.

Join this workshop via ZOOM: <https://zoom.us/j/9123629032>

Register with Ashley X3149 OR: [ashley.walkup@swosu.edu](mailto:ashley.walkup@swosu.edu)

## Workshops are Available from the Online Learning Consortium

The Center for Excellence in Teaching and Learning has 20 scholarships available for faculty to attend Online Learning Consortium workshops. Go to <https://onlinelearningconsortium.org/learn/workshops/> to see the various workshops that are available. **These workshops are not just for online faculty, there are topics that pertain to all areas.**

If awarded, upon completion of the workshop, a certificate must be sent to CETL for their records. The cost of the workshops is \$170, so, if awarded and you cannot attend, please contact CETL as soon as possible (prior to the workshop) so that a scholarship may be awarded to another faculty member.

The following are examples of some of the workshops that are offered

- Creating Infographics for Learning,
- Designing with Accessibility in Mind,
- Designing a Flipped Classroom,
- Strategies to Improve Retention,
- Strategies to Increase Faculty Motivation,
- New to Online: Essentials Part 1-Getting Started,
- Exploring Open Educational Resources, Part 1,
- Creating Rubrics,
- Exploring Learning Analytics,
- Strategic Planning for Web Accessibility

## Respondus 4.0 Test Making Videos (transfer publisher test banks to Canvas)

[Creating and Formatting Questions with Respondus](#)

[Importing Questions with Respondus](#)

[Using Publisher Test Banks with Respondus](#)

# Insights from CETL's Teaching and Learning Coordinators

## Mapopa Musings By Dr. Mapopa Sanga

### Sandra McGuire's Ideas on Teaching and Learning: Motivation

"Motivation is the persona; investment an individual has in reaching a desired state or outcome" (Ambrose et al., 2010, p. 68). As such, students' motivation determines, directs, and sustains what they do to learn (Ambrose et al., 2010, p. 5). Nilson (2004) actually observed that "in the academy, the term 'motivation' means stimulating interest in a subject and, therefore, the desire to learn it" (p. 57).

McGuire (2015) advised that faculty members must concern themselves with student motivation because it so directly affects student learning. According to McGuire, when students are motivated, they work hard to learn effectively, and as a result they perform well and feel good about themselves. To sustain this good feeling, argues McGuire (2015), students become motivated to continue putting in the effort to keep the cycle going.

#### References:

Ambrose, S.A., Bridges, M. W., DiPietro, M., Lovett, M.C., & Norman, M.K. (2010). *How learning works: Seven research-based principles for smart teaching*. San Francisco, CA: Jossey-Bass.

McGuire, S.Y. (2015). *Teach students how to learn*. Sterling, VA: Stylus Publishing, LLC.

## Ray's Reflections By Steve Ray

### Transformative Learning

The Transformational Learning Theory originally developed by Jack Mezirow is described as being "constructivist, an orientation which holds that the way learners interpret and reinterpret their sense experience is central to making meaning and hence learning" (Mezirow, 1991). The theory has two basic kinds of learning: instrumental and communicative learning. Instrumental learning focuses on learning through task-oriented problem solving and determination of cause and effect relationships. Communicative learning involves how individuals communicate their feelings, needs and desires

Meaning structures (perspectives and schemes) are a major component of the theory. Meaning perspectives are defined as "broad sets of predispositions resulting from psychocultural assumptions which determine the horizons of our expectations" (Mezirow, 1991). They are divided into 3 sets of codes: sociolinguistic codes, psychological codes, and epistemic codes. A meaning scheme is "the constellation of concept, belief, judgment, and feelings which shapes a particular interpretation" (Mezirow, 1994, 223).

Meaning structures are understood and developed through reflection. Mezirow states that "reflection involves a critique of assumptions to determine whether the belief, often acquired through cultural assimilation in childhood, remains functional for us as adults". Reflection is similar to problem solving and Mezirow talks about how we "reflect on the content of the problem, the process of problem-solving, or the premise of the problem" (Mezirow, 1991). Through this reflection we are able to understand ourselves more and then understand our learning better. Merizow also proposed that there are four ways of learning. They are "by refining or elaborating our meaning schemes, learning new meaning schemes, transforming meaning schemes, and transforming meaning perspectives" (Mezirow, 1991).

#### Application

Transformative Learning theory is focused on adult learning, particularly in the context of post-secondary education. Applying this theory to curriculum evaluation, one looks for evidence of critical reflection in terms of content, process and premise. Content reflection consists of curricular mapping from student and faculty perspectives; process reflection focuses on best practices, literature-based indicators and self-efficacy measures; premise reflection would consider both content and process reflection to develop recommendations.

Teachers who want to utilize transformative learning in their classrooms can consider implementing the following opportunities for students.

1. Providing opportunities for critical thinking – Teachers can create opportunities for critical thinking through providing content that introduces new ideas. Students then need the opportunity to engage with new content through journaling, dialoguing with other students, and critically questioning their own assumptions and beliefs.
2. Providing opportunities to relate to others going through the same transformative process – Transformation often happens in community as students bounce ideas off one another and are inspired by the changes friends and acquaintances make.
3. Providing opportunities to act on new perspectives – Finally, research indicates that it is critical for teachers to provide the opportunity for students to act on their new found beliefs. There is some indication that true transformation cannot take place until students are able to actively take steps that acknowledge their new belief.

#### References:

Boyd, R. (1991). *Personal Transformation in Small Groups*. London, Routledge.

Mezirow, J. (1991). *Transformative Dimensions of Adult Learning*. San Francisco, CA: Jossey-Bass.

Mezirow, J. (2000). *Learning as Transformation: Critical Perspectives on a Theory in Progress*. San Francisco: Jossey Bass.

Cranton, P. (1994). *Understanding and Promoting Transformative Learning: A Guide for Educators of Adults*. San Francisco, CA : Jossey-Bass.

## 5 C's and R Luncheon Series By Lisa Friesen

In September, 2019, CETL hosted two 5 C's and R Luncheon series. The first luncheon centered on Communication and was held on Wednesday, September 25<sup>th</sup> and Thursday, September 26<sup>th</sup>. Dr. Victoria Gaydosik and Dr. Holly Brewer presented on written communication, and shared some great tips and advice on encouraging students on how to communicate with instructors in a business-like manner.

Mr. Steve Strickler presented during both luncheons on verbal communication, and include some great insights on how verbal communication can have an impact on every day and business life, for students and faculty.

Community was the topic of the 5C's and R Luncheon for October, held on Monday, October 14<sup>th</sup> and Tuesday, October 15<sup>th</sup>. Dr. Allen Boyd spoke on Service Learning at SWOSU. Dr. Boyd was joined by Dr. Ruth Boyd and Taler Alexander, who spoke on SWOSU Serves. Dr. Allen Boyd's presentation included examples of how instructors can include service learning projects in their classes, and shared the differences between service learning and student engagement.

Dr. Ruth Boyd and Ms. Alexander shared information on past and current SWOSU Serves activities. One change this year is that there are multiple SWOSU Serves days for student involvement. Dr. Boyd and Ms. Alexander included information on how community organizations can request to be a part of SWOSU serves.

Our next and last 5C's and R luncheon for the fall 2019 semester is Relevance. The luncheon will be held on Monday, November 25<sup>th</sup> and Tuesday, November 26<sup>th</sup> in HEC 217 from 12:00 pm until 1:00 pm. Monday, Dr. Wayne Trail from the Department of Chemistry and Physics will present, and on Tuesday, Ms. Carmen Nickel from the Department of Nursing will be sharing about how relevance factors into curriculum.

If you would like to attend the November sessions, please contact Lisa Friesen at [lisa.friesen@swsou.edu](mailto:lisa.friesen@swsou.edu) to RSVP your spot and for lunch or to receive a Zoom invite.



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