

# WELCOME

## BENEFITS | ENROLLMENT



### BENEFITS OFFERED

#### MY PLANS

Medical | BlueCross BlueShield of Oklahoma  
Dental | Delta Dental  
Vision | VSP  
Life and AD&D | The Standard  
Disability | The Standard  
FSA/HSA | Chard Snyder  
Worksite | MetLife

#### TBX Online Enrollment Portal

Your plan summaries and required employer notifications are provided on your site.

Please go to [www.my.tbx360.com/OKHEEI](http://www.my.tbx360.com/OKHEEI) and access your portal now and throughout the year for plan rates, coverage, and more detailed information.

#### BAM – Blue Access for Members

Register your BAM account at BCBSOK.com.

BAM allows you to view Explanation of Benefits (EOB's), claims and other online resources including Cost Estimator, Provider Finder, Special Beginnings for expectant mothers, Weight Management, Tobacco Cessation, and 24/7 Nurseline.



#### Helpful Tips To Consider Before You Enroll

- 1. Do you plan to enroll an *eligible dependent(s)*?**  
If so, make sure to have their social security numbers and birthdates available. You cannot enroll your dependent(s) without this information. In addition, you must also upload documentation through the TBX portal (i.e. birth certification or marriage license).
- 2. Have you recently been *married/divorced or had a baby*?**  
If so, remember to add or remove any dependent(s) and/or update your beneficiary designation.
- 3. Did any of your covered children reach their 26th birthday this year?**  
If so, they may no longer be eligible for benefits, unless they meet specific criteria.
- 4. Do you have benefits questions or need assistance with claims?**  
If so, then contact your NFP Service Team representative, Eric Sowder, at (405) 513-8932 or via email at [Eric.Sowder@nfp.com](mailto:Eric.Sowder@nfp.com).

Your Benefit Period  
**JANUARY 1, 2021 – DECEMBER 31, 2021**

**Attend Live Webinars 10/13 @ 10:00am; 10/14 at 3:00pm and 10/19 @ 1:00pm**

#### NEW PLAN YEAR HIGHLIGHTS

SWOSU has great news. This year all plan designs remain the same. The only rate adjustment occurred to the BCBS medical plan. Attend one of the meetings above to find out more!

#### ENROLLMENT INSTRUCTIONS

1. Go online to [www.my.tbx360.com/OKHEEI](http://www.my.tbx360.com/OKHEEI) and evaluate your plan offerings between October 23<sup>rd</sup> and November 6<sup>th</sup>.
2. We are offering a passive enrolment this year. If you are positive you don't want to make any changes, all current enrollments will roll into 2021. Remember if you are contributing to the FSA, Limited FSA or Dependent Care Account, you must make a new election because the IRS requires you to re-enroll every year and to specify your monetary contribution.
3. No changes can be made after the open enrollment window closes, unless you experience a qualifying life event.
4. If there has been a life change, consider updating your life insurance beneficiaries during open enrollment. However, this can be completed at any other time during the year.

#### IMPORTANT

***You must notify Human Resources within 30 days if you have a qualified life event and need to make changes after open enrollment.***